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# Current Protocols

## 使用指南

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# Current Protocols

Current Protocols包含近25,000篇详细的分布式实验流程，为研究人员提供可靠、有效的解决方案，以确保结果的重复性，为科研成果铺平道路。有17本合集，既有适合初级研究者的Essential Laboratory Techniques，也有适合资深研究者的内容，例如旗舰刊Current Protocols in Molecular Biology。



Microbiology (微生物学)



Cytometry (血细胞计数法)



Essential Laboratory Techniques (实验室基本技术)



Molecular Biology (分子生物学)



Chemical Biology (化学生物学)



Immunology (免疫学)



Plant Biology (植物生物学)



Human Genetics (人类遗传学)



Cell Biology (细胞生物学)



Stem Cell Biology (干细胞生物学)



Mouse Biology (小鼠生物学)



Bioinformatics (生物信息学)



Protein Science (蛋白质科学)



Pharmacology (药理学)



Neuroscience (神经科学)



Nucleic Acid Chemistry (核酸化学)



Toxicology (毒理学)

实验室指南覆盖范围很广，每篇文章不仅是一篇指南，包括基础操作流程，可替代操作流程，可辅助操作流程。为了更便捷地应用实验室指南，Current Protocols为科研人员提供了清晰的实验步骤、流程、图解、结果、方案教程、实验背景、帮助提示和注意事项。

**Single-Cell Analysis of Cytokine mRNA and Protein Expression by Flow Cytometry**

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Understanding how immune cells respond to external stimuli is key to defining or shaping a key component of immunological research. Critical to this response is the expression of cell-surface receptors and the secretion of cytokines, which are tightly regulated by gene expression and protein synthesis. Previously, cytokine mRNA expression levels have been assessed from bulk analysis of heterogeneous or sorted cell populations, and the correlation between cytokine mRNA expression and protein levels and release can be highly variable. Flow cytometry is used to monitor changes in cell surface and intracellular proteins, but single proteins such as cytokines may be transient and difficult to measure. Thus, a flow cytometry method that can simultaneously measure cytokine mRNA and protein levels in single cells is very desirable. We describe a novel cytometry method that combines a traditional assessment of T cell surface proteins (CD45, CD3, CD4, CD8) and intracellular cytokine (IL-2, IFN- $\gamma$ ) with branched DNA (bDNA) technology and branched DNA technology for the amplification and detection of IL-2 and IFN- $\gamma$  mRNA transcripts in sorted T cells. This method has been applied to frozen peripheral mononuclear blood cells (PMBCs) and fresh blood samples, making it applicable to clinical trial specimens that require shipment to the lab site. In CD4<sup>+</sup> cells from sorted PMBCs, the correlation between mRNA and protein levels was 41% for IL-2 and 21% for IFN- $\gamma$ . In CD8<sup>+</sup> cells from sorted PMBCs, the correlation was 19% for IL-2 and 27% for IFN- $\gamma$ . © 2020 John Wiley & Sons, Inc.

**Keywords:** cytokines • frozen blood • mRNA • PMBC • RNA flow cytometry

**How to cite this article:**  
Pal, R., Schaubhut, I., Clark, D., Brown, L., & Stewart, J. J. (2020). Single-cell analysis of cytokine mRNA and protein expression by flow cytometry. *Current Protocols in Cytometry*, 49, doi: 10.1002/cyto.49

**INTRODUCTION**  
Single-cell analysis is an exciting new approach in biomedical research, unique in its ability to analyze cells within a heterogeneous population. Flow cytometry is the technology of choice when it comes to single-cell analysis, as it is a high-throughput format to interrogate one cell at a time, allowing investigators to make connections between

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**Figure 1** Schematic of assay workflow.

related and unrelated cells. Typically, flow cytometry is used for detection of phenotypic and functional proteins using highly specific and sensitive fluorescently labeled antibodies.

Analysis of protein expression and dynamics provides insight into how cells react to external stimuli, but correlation with gene expression for measuring changes in mRNA is a central part of the investigation (Cheng, Zhou, Li, Crawford, & Kaminski, 2017). Effective secretion of cytokines, expression of cell-surface receptors, and normal differentiation of cell types are critical for the immune response and clearance of pathogens. Appropriate responses are determined by high regulation of gene expression and protein synthesis. Findings from multiple reports have indicated that there is variable correlation between mRNA levels and expression of respective proteins (Chen et al., 2002; Shieh et al., 2010; Tian et al., 2008; Van Hoof, Linnen, Hanley, & Park, 2014). Thus, simultaneous measurement of transcript and protein expression by flow cytometry is a powerful alternative to cell purification, bulk analysis, and/or separate protein and genomic investigation.

This article describes the use of PermiFlow RNA reagents (Thermo Fisher Scientific) and the optimal process for simultaneous evaluation of protein and mRNA using flow cytometry, with a focus on IL-2 and IFN- $\gamma$  detection in activated T lymphocytes. The basic premise is described here (see Commentary and Fig. 1). Stemming from one of our aims to perform the assay with high sensitivity and maximum precision, we attempted to address the method on frozen peripheral blood mononuclear cells (PMBCs); see Basic Protocol and frozen blood (see Alternate Protocol). We believe that by optimizing this protocol on frozen samples, the data we have likely to be affected by common assay variability issues outlined in Schaubhut et al., 2019 and has potential application in clinical trials.

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**Figure 2** Protein and genomic characterization of resting T cells. (A-D) Plots show a distinct population of resting T cells. (A-D) Plots show a distinct population of resting T cells. (A-D) Plots show a distinct population of resting T cells. (A-D) Plots show a distinct population of resting T cells.

The gating strategy is outlined in Table 1. Representative cytograms for resting T cells and stimulated PMBCs are shown in Figures 2 and 3, respectively.

51. Acquire samples at an optimal flow rate (typically, low to medium flow rates).

52. Ensure FSC height is active for doublet discrimination.

53. Begin by evaluating the scatter parameter (plot A), forward scatter area (FSC-A) versus side scatter area (SSC-A), to ensure that the leukocyte population is within scale. Assess viability and exclude debris.

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**Figure 3** Protein and genomic characterization of PMBCs after stimulation with PMA and ionomycin in the presence of restimulant (AR). Plots show similar pattern as in Figure 2. PMA and ionomycin and restimulant (AR) were used to stimulate cells for 4 h. CD4<sup>+</sup> T cells were gated and protein expression. The majority of events show coordinated protein and mRNA expression, only a few cells show concordance in PMA protein and transcript expression after 4 h of stimulation.

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**Figure 4** Expression of reference gene HPRT1A is evaluated in all acquired events (A) and in T cells (B). The majority of T cells express HPRT1A.

**DETECTION OF IL-2 AND IFN- $\gamma$  mRNA AND PROTEIN EXPRESSION IN FROZEN BLOOD**

**ADDITIONAL MATERIALS AND REAGENTS**

1. BD FACScan Lysing Solution (BD cat. no. 349320; diluted from 10 $\times$  with purified water, stored up to 1 month at room temperature)

2. Opti-Mem<sup>TM</sup> Acquire cells as follows:  
a. Add 50  $\mu$ g/ml PMA, 1  $\mu$ g/ml ionomycin, and 1 $\times$  restimulant to samples to be stimulated.  
b. Add reagents to the unstimulated control.  
c. Incubate control and stimulated samples for 4 hr at 37°C in the presence of 5% CO<sub>2</sub>.

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3. Add 2.5 ml of 1 $\times$  BD FACScan Lysing Solution (for a 1:10 ratio of blood to lysing solution) and vortex.

4. Incubate 12–15 min in the dark at room temperature.

5. Store samples immediately at –80°C at least overnight.

6. Thaw control and stimulated samples in a 37°C water bath.

7. Centrifuge samples at 600 $\times$  g for 5 min at room temperature with brake.

8. Decant, wash mix to resuspended cells in residual volume, and then add 1 ml Stem Buffer FBS.

9. Proceed to surface staining and remainder of protocol (see Basic Protocol, steps 15–59).

**COMMENTARY**

**Background Information**  
It allows the critical importance of cellular machinery, which has the potential to be broken, factors recently reviewed in Goldman et al., 2019. Simultaneous assessment of gene and protein level fluctuations at a single cell resolution is essential. This cytometry has been the gold standard for high-throughput analysis of intracellular or surface protein abundance and structural data from proteomic and genomic investigations have been common practice.

Historically, analysis of gene expression has been performed using reverse transcriptase polymerase chain reaction (RT-PCR), RNA sequencing (RNA-seq), and microarray technologies. While these traditional approaches have had and are still constrained by assay variability, the original bulk cell average. Recent advances in next-generation sequencing have led to single-cell RNA sequencing, which combined with flow cytometry observations could offer unique gene-protein, gene-mRNA, and protein-protein correlation analysis into the proteomic and transcriptomic of a sorted cell population (Fischer and the authors, Pfeiffer, & Franke, 2019). However, this two-step process requires a high level of expertise in cell sorting. Furthermore, it is restricted to sorted cell populations and may not provide the flexibility of multiparameter investigation.

PCR-driven fluorescence in situ hybridization in combination with flow cytometry has been employed for simultaneous measurement of intracellular total RNA and individual protein expression to identify the effect of virus-induced 1 $\alpha$ ,25(OH)<sub>2</sub>D<sub>3</sub> (Pfeiffer, O'Connor, Gossler, Harkin, Schmitt, & Wolfley, 1995). This technique opened the avenue for detection of mRNA at single-cell resolution by flow cytometry. Some of the improvements that

have been made in recent years include increased sensitivity to detect low-abundance mRNA and less repetitive sequences, reduced autofluorescence caused by higher temperatures required for hybridization, and finally the expansion of the technology to enable simultaneous detection of intracellular protein, extracellular protein, and RNA.

This protocol describes the application of the flow cytometry-based PermiFlow RNA assay by Thermo Fisher Scientific. It combines a conventional flow cytometry cell sorting for detection of protein with fluorescence-activated hybridization and branched DNA technology for amplification and detection of RNA transcripts by flow cytometry (Fig. 1). Cells are directly labeled with surface antibodies, then fixed, permeabilized, and labeled with antibodies for detection of intracellular proteins. Next, a set of gene-specific oligonucleotide probes, 20–40 bp in length, is hybridized in situ primarily to the RNA transcripts to create the foundation for branched DNA signal amplification. Previously, this single probe with unique tag sequence can be used together (Otsuka-Peters et al., 2010; Pfeiffer et al., 2019). Each tag sequence allows hybridization of complementary DNA branches with different color-conjugated species. Once the target probes are annealed appropriately, signal amplification is achieved through sequential hybridization with DNA branches (sequentially and amplification). The amplification is completed by the hybridization of the second DNA branch. The signal is further amplified by a second amplification step in which amplification hybridizes to multiple sites of each gene amplification, thus forming the second DNA branch. Finally, branched DNA-bridged label probes hybridize to the amplified and

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# Current Protocols的作用

- **支持:** Current Protocols可提供专家式的详细指导。
- **可信赖:** 编辑会评估每份指南，以确保指南的技术指导是值得信赖的。
- **有效性:** 每份指南都精心编辑，描述详细，使用后可获得可靠结果。



## Current Protocols适用对象

Current Protocols有助于提高实验研究的可重复性和有效性，对高校和大中小型研究机构都非常适合。Current Protocols利于有效建立更大的知识体系。Current Protocols不仅能为学生和技术人员的实验操作提供全面的指导，对部门负责人、首席研究人员和科学家同样有帮助。

## 如何访问Current Protocols?

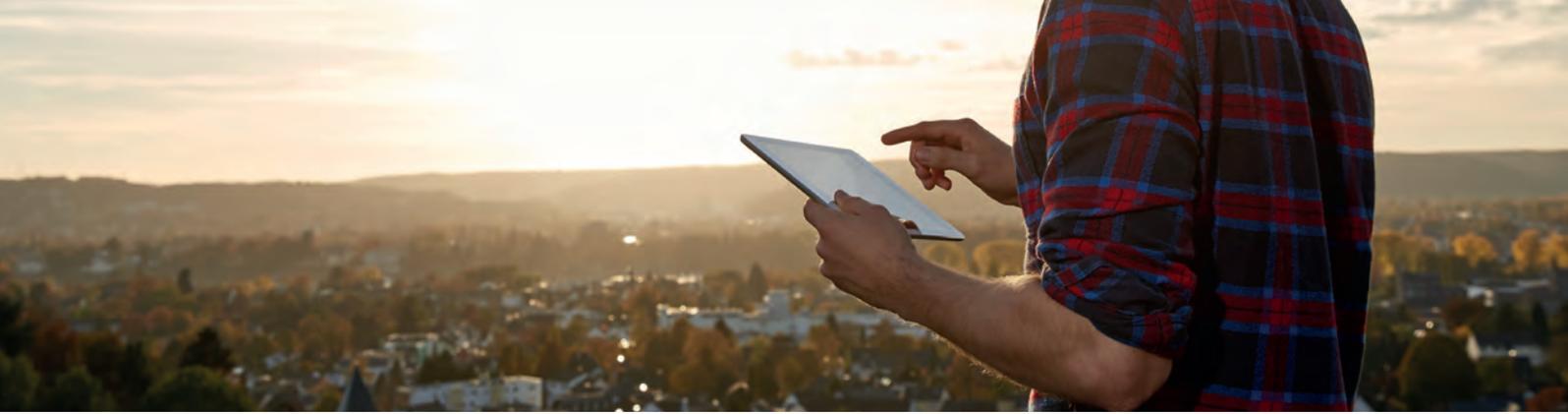
Current Protocols的网址是：<https://currentprotocols.onlinelibrary.wiley.com/>

## 如何获取Current Protocols的最新内容

Current Protocols由编辑委员会审查并定期更新。进行检索和访问HTML版本即可保证您获得最新信息。建议您使用HTML或在线PDF版本，了解最新状态。

您可在某Current Protocols页面的右侧栏点击订阅提醒图标完成设置。

The screenshot shows the Current Protocols website interface. At the top, there is a search bar and a 'Login / Register' link. Below the search bar is a navigation menu with options: CURRENT PROTOCOLS, SUBJECTS, TECHNIQUES, FOR AUTHORS, RESOURCES, and ABOUT. The main content area features the Current Protocols logo and a description: 'Current Protocols is a comprehensive source for step-by-step protocols and overviews covering essential and advanced experimental design, methods, and analyses in all areas of the life sciences including molecular and cell biology, genetics, bioinformatics, immunology, neuroscience, microbiology, pharmacology, chemical biology, model organisms, translational research, and more. Online ISSN: 2691-1299'. To the right, there is a 'LATEST ISSUE >' section for 'Volume 1, Issue 6 June 2021'. Below the main content, there is a 'Articles' section with a 'Most Recent' filter and a 'Free Access' icon. A yellow box highlights the 'Get Content alerts' button in the right sidebar. Below this, there is a 'Get Access' button and a 'Tweets by @CurrentProtocols' section.



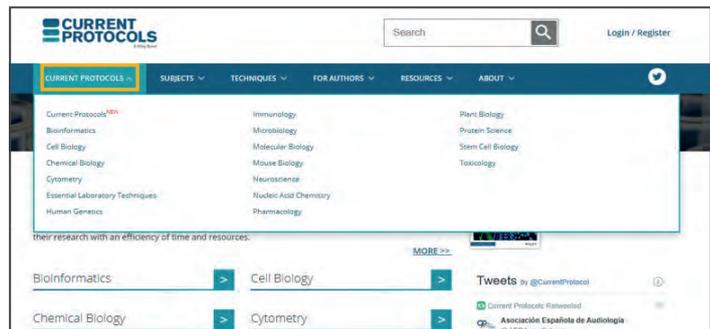
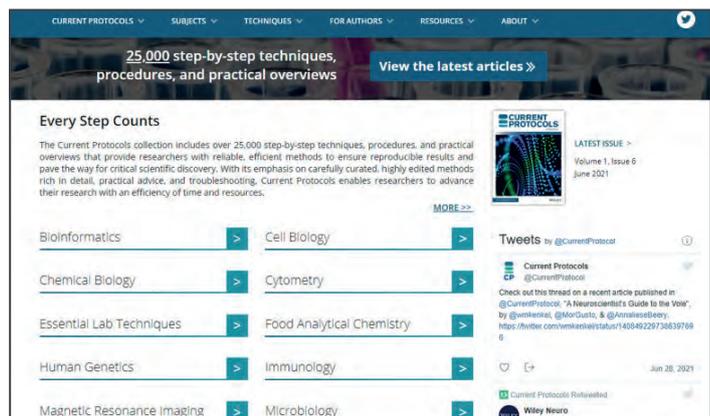
# Current Protocols的使用

## 1 主页

首先进入：  
[currentprotocols.onlinelibrary.wiley.com](http://currentprotocols.onlinelibrary.wiley.com)

选择主页中的任一topic即可访问Current Protocols的对应期刊。亦可以使用Current Protocols下拉菜单选择对应期刊。还可以通过下拉菜单按学科或实验技术进行查找，详见下文。

向下滚动可以查看最新指南或浏览“最佳”指南合集。通过页面顶端的检索栏可检索全部合集。



## 2 登录和注册

Login/Register（登录/注册）功能位于平台页面右上角。

当您点击“登录/注册”（Login / Register）后，可以选择通过机构账户（需前期已完成设置）进行登录。

未注册的用户可以点击菜单底部“新用户”（NEW USER）创建账户。关于账户登录和创建的更多说明，请访问[Wiley Online Library training hub](http://Wiley Online Library training hub)。

登录后，可保存您感兴趣的指南，通过My Account下的Favorites进行设置，同时您可以对检索结果进行保存、访问和订阅提醒设置。





### 3 Current Protocols检索

您可在页面顶部的检索栏中进行关键词检索，查找所有指南。在检索结果页面的左侧栏中提供多种筛选选项。

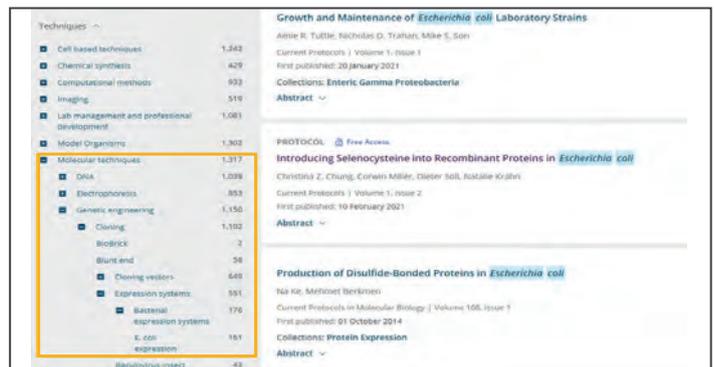
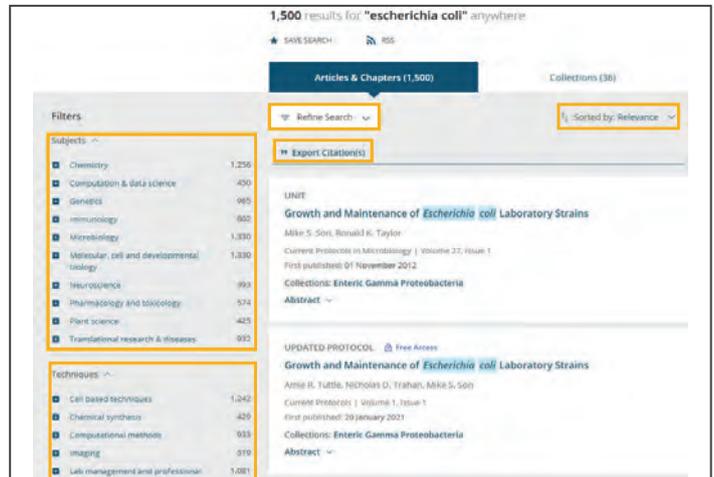
- Subjects (学科)：您可以选择学科选项进行检索。筛选学科时，在一级学科下您可以继续扩展检索。
- Techniques (技术)：您可以选择实验技术选项进行检索，一级分类下您可限定检索范围。学科和技术的筛选项可一并使用，快速锁定您的研究。
- Published in (出版物名称)：您可限定检索结果为具体名称的Current Protocols(例如Current Protocols in Molecular Biology)。请参阅下文的“4.Current Protocols刊名检索”。
- Publication type (出版物类型)：所有指南都将显示为“Journals (期刊)”。
- Publication date (出版日期)：按年份限定(过去一年、最近两年、最近五年或者自定义范围)。

在检索结果页面中，您可点击“Abstract”查看摘要。

检索结果排序：按relevance相关性或日期(从新到旧或从旧到新)。

还可以下载所有结果或选定结果的引文，您可单击Export citations并选择要下载的引文。

如您优化检索，使检索结果更有针对性，可单击结果页面顶部的Refine Search。与高级检索类似，您可在优化检索中添加限定词和其他关键词。

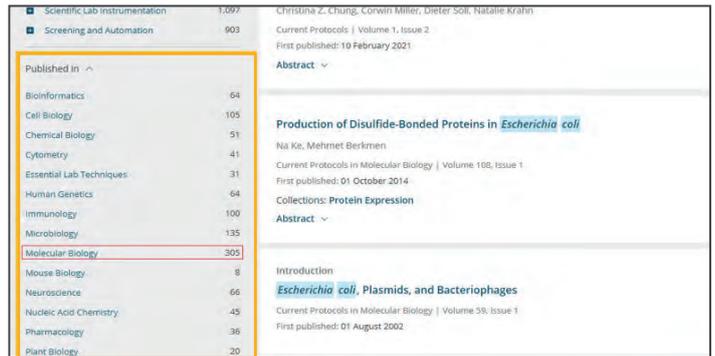




## 4 Current Protocols精确检索

当您通过页面顶部的检索栏进行检索时，您可限定为目标Current Protocols实验室指南，如右图所示。

Advanced Search（高级检索），您可以限定作者、标题、关键词等，或限定出版日期范围。亦可点击Citation Search进行引文检索。



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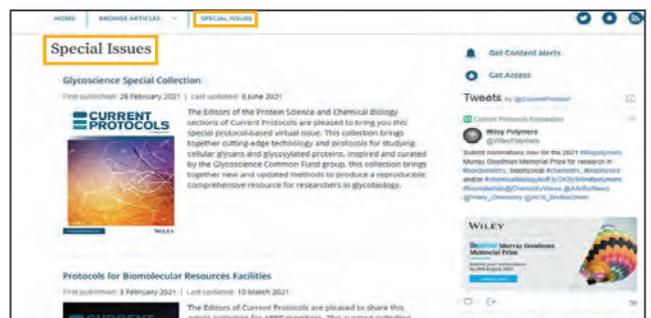
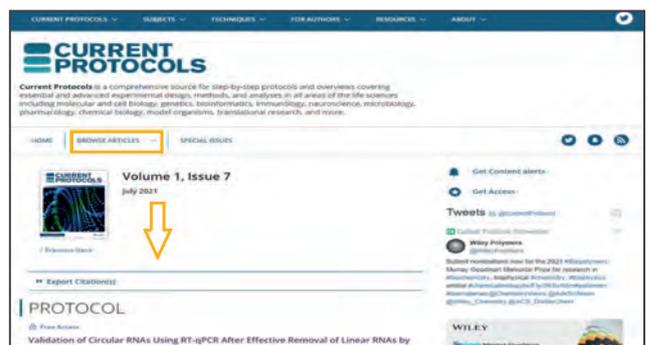
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通过Browse Articles下拉菜单可以查看往期内容。

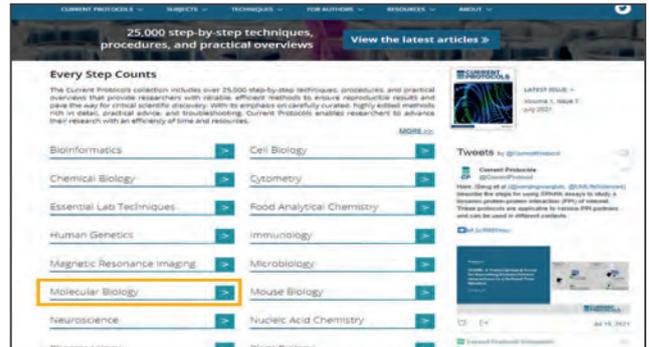
点击“Special Issues”可查看某一专题的实验室指南。可查找到新学科和跨学科领域的指南内容。每个专题的内容均由Current Protocols编辑们精心策划，邀请优秀的研究人员分享详尽指南，提供该领域重要且全面的指南。实验室指南的专题内容将有助于您开展实验或提供应对专业研究问题的方法。



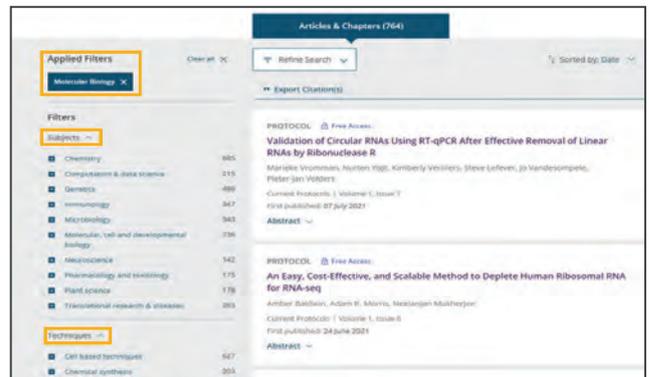
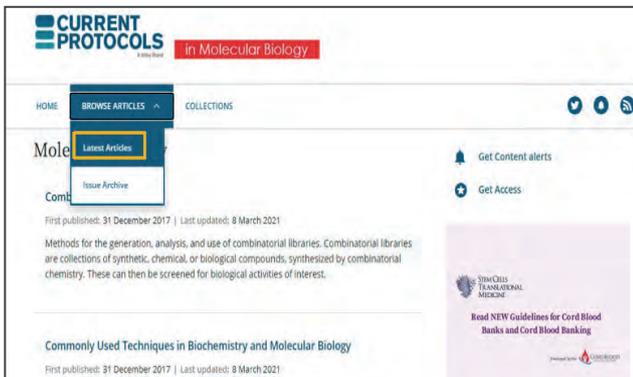


## 6 Current Protocols期刊浏览

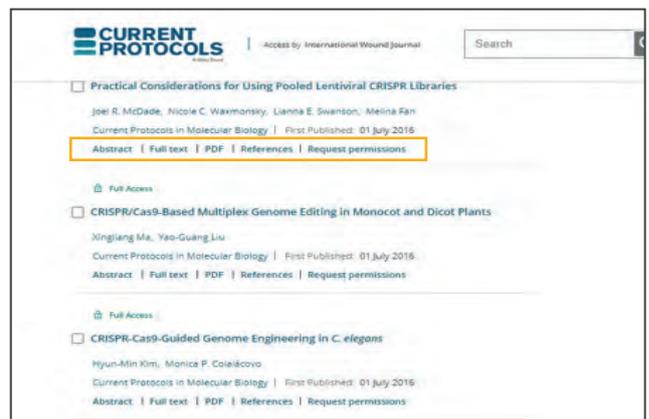
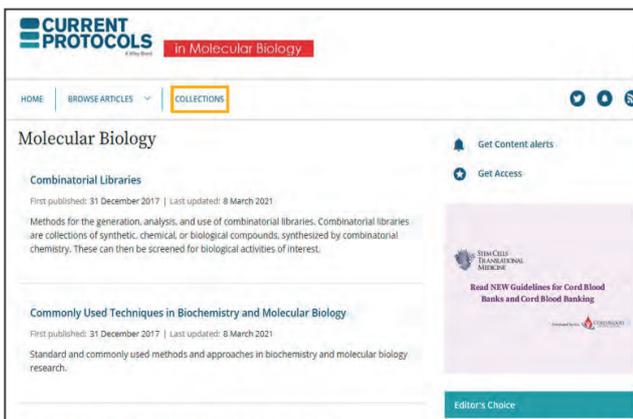
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点击“Molecular Biology”进入分子生物学实验室指南页面。单击Browse Articles下拉菜单，即可浏览最新的分子生物学文章，或浏览分子生物学实验室指南往期内容。

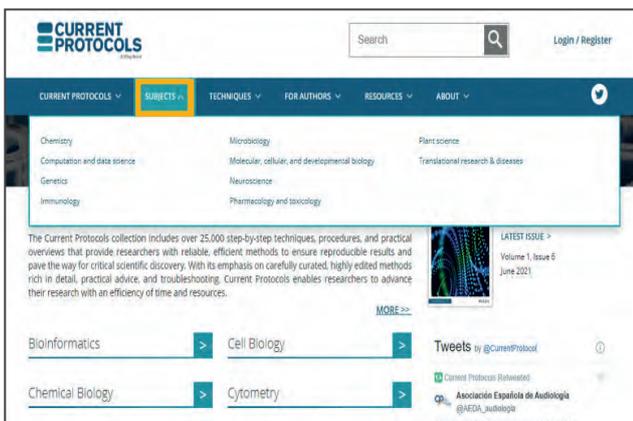


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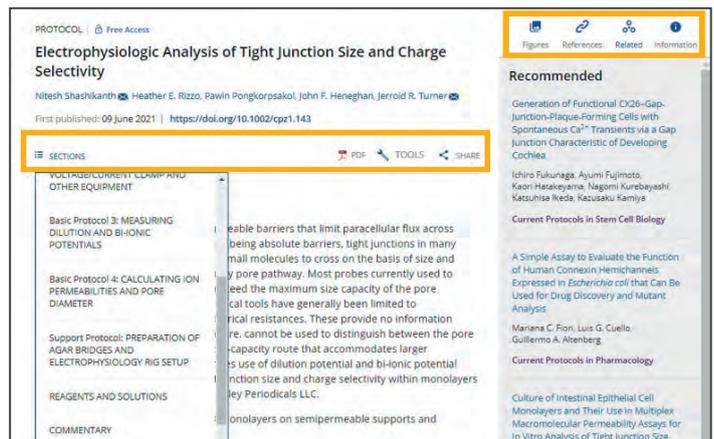


## 7 Protocols功能导航

HTML模式下有许多内容和功能。

### 顶部导航栏

- **Sections（章节）**：打开下拉菜单，选择您想阅读的部分。
- **PDF**：获取PDF格式，您可以根据需求选择下载、放大/缩小和打印。
- **Tools（工具）**：申请权限，添加到收藏夹或跟踪引文。
- **Share（分享）**：与他人分享内容。



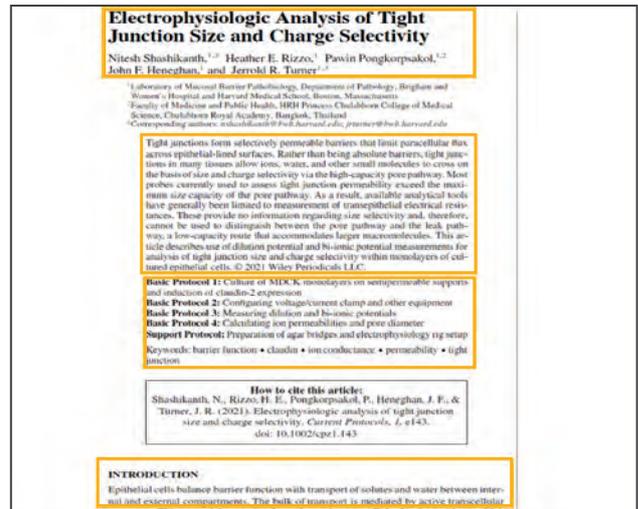
### 右侧信息栏

- **Figures（图表）**：指南中所有图表均可查看并可下载png或ppt格式。
- **References（参考文献）**：可查看该指南引用的一次和二次文献。
- **Related（相关）**：查看相关指南及与本指南相关的其他文章。
- **Information（信息）**：查看信息例如metrics指标、相关关键词（带有超链接能直接进行新检索）、出版历史和版权信息。

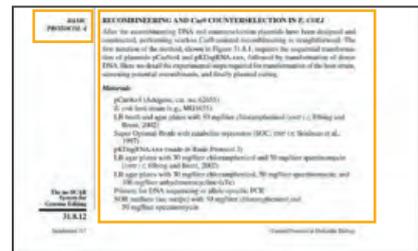


## 8 Protocols结构

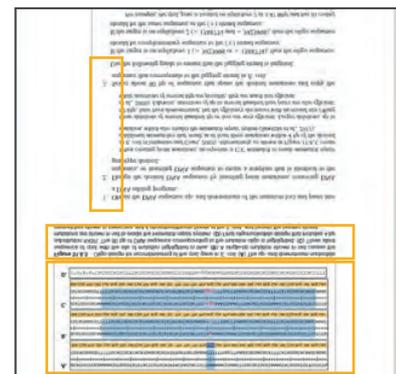
- Title标题
- Author(s)作者
- Abstract摘要, 包括了文章中所包含的指南列表
- 文章Introduction (引言)



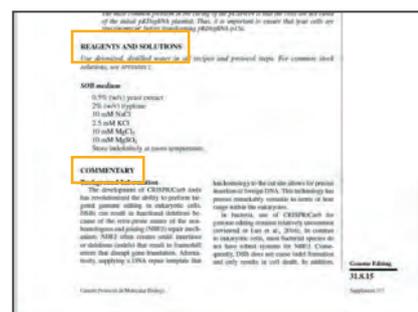
- Basic, Alternate and Support Protocols (基本、替代和支持实验流程)的指南全部涵盖。文章中的每份指南都有自己的标题、引言和材料清单, 包含试剂来源的信息。



- Protocol steps (指南步骤): 所有步骤都有编号, 每步都有详细说明。
- 附有提示作用的斜体注释, 以及替代方法和附加信息。



- Reagents and Solutions (试剂和溶液配方) 提供了所需要的试剂、溶液和培养基的详细配方。



- Commentary (评论): 背景信息、重要参数、故障排除、预期结果、时间因素、文献引用。



- Troubleshooting (故障排除) : 未按预期实验发展的处置方法。
- Understanding Results (预期结果)

Variable electrical potential shifts in different organic cation buffers	Oddity is not balanced	Current correlates with an inner-sphere and adjust, as needed with $\text{--mammal}$ or water
Large $\pm 20$ mV electrical potential difference when washing membrane in wells with organic cations	Low permeability of organic cation has caused large electrical potential shift	Instead of 150 mM organic cation-CL, use hand-dishes buffer with 80 mM NaCl and 60 mM organic cation-Cl

\*This table focuses on the major potential and possibly to some measurements.

expression in MDCK II cells converts this process to that of MDCK II cells. Changes induced by channel-2 expression therefore vary and can be maximal or minimal depending on the time after plating at which barrier function is measured. TER development can be monitored using an EVOM or similar device in which the electrodes can be confined to dipping in 70% ethanol.

**Troubleshooting**

For 2-3% of common problems, their possible causes, and suggested solutions, see Table 1.

**Understanding Results**

An exemplary case, MDCK II monolayers with inducible channel-2 expression were made. Channel-2 expression and localization with 200  $\mu\text{M}$  of  $\text{--mammal}$  was observed.  $\text{--mammal}$  more absolute and relative permeabilities of  $\text{Na}^+$  and Cl<sup>-</sup>. Channel-2 expression increased  $\text{Na}^+$  permeability  $\sim 60$ -fold (Fig. 6C), but only increased  $P_{\text{Cl}^-}$   $\sim 7$ -fold (Fig. 6D). The difference between these two values indicates the extent to which channel-2 channels exclude anions (i.e., Cl<sup>-</sup>). Channel-2 is an indicator of discriminating between monovalent cations such as  $\text{Na}^+$ ,  $\text{Li}^+$ ,  $\text{K}^+$ ,  $\text{Rb}^+$ , and  $\text{Cs}^+$ , as well as organic cations (Yu et al., 2010). This relatively poor selectivity allows organic cations to permeate channel-2 channels on the basis of size and enables the bi-ionic potential approach described here. In contrast, water-membrane are channel-2 such as the  $\text{Na}^+$ / $\text{K}^+$ -ATPase would not be functional if they were unable to discriminate between  $\text{Na}^+$  and  $\text{K}^+$ . Even CFTR (cystic fibrosis transmembrane conductance regulator) which has a relatively low  $\text{Na}^+$ / $\text{K}^+$  selectivity exhibits  $\text{Na}^+$   $\text{--mammal}$ .

## Protocols的发表

如您想发表一份指南，请访问您感兴趣的标题。在顶部导航栏中单击For Authors。在下拉菜单中选择Submit a proposal。编辑委员将对您的proposal进行评审，如果合适，将邀请您提交详细描述实验方法的稿件。

The screenshot shows the 'CURRENT PROTOCOLS' website. The navigation bar includes 'CURRENT PROTOCOLS', 'SUBJECTS', 'TECHNIQUES', 'FOR AUTHORS', 'RESOURCES', and 'ABOUT'. Under 'FOR AUTHORS', there are links for 'Author Guidelines', 'Cover Submission Guidelines', 'Open Access', 'Submit an article', and 'Submit a proposal'. Below the navigation is a banner image of a scientist using a microscope, with the 'CURRENT PROTOCOLS' logo and 'currentprotocols.com' text. A paragraph of text describes the journal's content and submission process, ending with the email 'csubmissions@wiley.com'.



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